



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

MARCH 1-14, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Pool Cleaning Wednesdays</b></p> <p><b>CLOSED</b> from 11-Noon</p>	Lap/ Open Swim 5:30-8:30 a.m.	Lap/ Open Swim 5:30-8:30 a.m.	Lap/ Open Swim 5:30-8:30 a.m.	Lap/ Open Swim 5:30-8:30 a.m.	Lap/ Open Swim 5:30-8:30 a.m.	Two Lap Lanes Open 7-9 a.m.	
<p><b>Open Swim</b> This color designates Open Swim Time</p>						Open Swim 7 a.m.	
<p>Youth ages 6 and up may use the hot tub and sauna anytime with adult supervision. Children 5 and under may not use these areas at <u>any time</u>. Toys are available for use by members during all open hours if patron usage permits.</p>	H2O Cardio <b>Shallow Pool Closed</b> 8:30-9:15 No lap lane	H2O Cardio <b>Pool Closed</b> 8:30-9:15 No lap lane	H2O Cardio <b>Shallow Pool Closed</b> 8:30-9:15 No lap lane	H2O Cardio <b>Pool Closed</b> 8:30-9:15 No lap lane	H2O Cardio <b>Shallow Pool Closed</b> 8:30-9:15 No lap lane		Two Lap Lanes Open 1-2 p.m.
	Open Swim 9:15 a.m. till 4:15 p.m.	Open Swim 9:15 a.m.-3:30 p.m.	Open Swim 9:15 till 11	Open Swim 9:15 a.m.-3:30 p.m.	Open Swim 9:15 a.m. till 7:45 p.m.		Open Swim 1:00 p.m.
	<b>Pool Closed</b> <u>Swim Team</u> 4:15-5:15 <b>H2O Cardio</b> 5:30-6:15 No lap lane	<b>Pool Closed</b> <u>Swim Team</u> 4:15-6:00 <u>Swim Lessons</u> 5:30-6:45 No lap lane	<b>Open Swim</b> Noon-4:15 <b>Pool Closed</b> <b>H2O Cardio</b> 4:15-5:00 West End Open No lap lane	<b>Pool Closed</b> <u>Swim Team</u> 4:15-6:00 <u>Swim Lessons</u> 5:30-6:45 No lap lane		<b>Pool Closed</b> at 4:45 p.m.	<b>Pool Closed</b> at 4:45 p.m.
<p>Hot Tub and Sauna still open during Swim Team &amp; Fitness Classes</p>	Open Swim 6:15-8:45 p.m.	Open Swim 6:45-8:45 p.m.	Open Swim 5:00-8:45 p.m.	Open Swim 6:45 - 8:45 p.m.			

Forest City Y  
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**POOL BUSY.....**

Mondays      9:30-10 a.m. for Gym & Swim  
Wednesdays    10:30-11 a.m. Swim Lessons